

# WEEKLY MENU 7:00am – 8:00 am Toast and Cereal

# WEEK ONE

Babies will be offered vegetable mash daily with a taste of the older children's menu according to developmental diet



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>MORNING TEA</b>	Fruit Platter w- Milk or Water	Fruit Platter w- Milk or Water	Fruit Platter w- Milk or Water	Fruit Platter w- Milk or Water	Fruit Platter w- Milk or Water
<b>LUNCH (Vegetarian)</b>	Leek & Pumpkin Risotto	Spaghetti Bolognaise (Lamb) w- bread stick (Vegetable Bolognaise)	Vegetable Curry w- Rice	Zucchini Slice w- potato gems Vegetarian Zucchini Slice	Vegetable Soup w- bread stick
<b>AFTERNOON TEA</b>	Anzac Biscuits w- Rice Cakes	Fruit Loaf w- Butter	Flavoured Rice Cakes w- cheese	Assorted Crackers w- sultanas and cheese	Apple Crumble & Custard

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# WEEK TWO

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	Fruit Platter Milk or Water	Fruit Platter Milk or Water	Fruit Platter w- Milk or Water	Fruit Platter Milk or Water	Fruit Platter Milk or Water
LUNCH (Vegetarian)	Tuna Pasta Bake	Shephard's Pie w- Potato mash	Ki Si Min & rice  (Vegetable Ki Si Min)	Tomato Macaroni Bake	Pumpkin Soup with Lentil
AFTERNOON TEA	Corn Flake Biscuits w- Fruit	Pikelets w- jam	Cheese and Dried Fruit Platter	Apple Crumble w- custard	Apricot Balls

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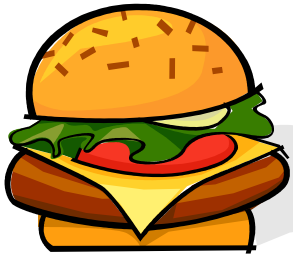
	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	Fruit Platter Milk or Water	Fruit Platter Milk or Water	Fruit Platter w- Milk or Water	Fruit Platter Milk or Water	Fruit Platter Milk or Water
LUNCH (Vegetarian)	Greek rissoles w- rice (Vegetable Burgers)	Chicken a La King with Potato Gems	Fried Rice with Bacon (Fried Rice without bacon)	Vegetable Carbonara	Sausage Rolls w- chips (Vegetable Rolls)
AFTERNOON TEA	Salada Biscuits w- cheese & vegemite	Banana Cake	Fruit Loaf w- butter	Choc Chip Cookies	Cheese & vegemite sandwiches

# WEEKLY MENU

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# WEEK FOUR

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	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MORNING TEA	Fruit Platter Milk or water	Fruit Platter Milk or Water	Fruit Platter Milk or Water	Fruit Platter Milk or Water	Fruit Platter Milk or Water
LUNCH (Vegetarian)	Creamy Chicken & vegetable Risotto  (Vegetable Risotto)	Beef stir fry & rice  (Vegetable Stir Fry)	Vegetable Lasagne w- garlic bread	Pizza w- bacon, tomato, capsicum, mushrooms & cheese  (Pizza without bacon)	Moroccan Meatballs w- rice  (Vegetable balls)
AFTERNOON TEA	Muesli Bars	Choc Banana Cake	Vegetable fingers w- dip & crackers	Cheese & vegemite sandwiches	Coconut & Vanilla Muffins